

Spiritual Gifts Discernment Tool



Introduction

The Spiritual Gifts Discernment Tool can help you determine which spiritual gifts you have been blessed with and are challenged to use in living out your baptismal call to build the Kingdom of God. It will take approximately 15 – 20 minutes to take the inventory but a whole lifetime to use your spiritual gifts. There are 90 questions that assess your gifts. Once you've totaled your scores for each of the gifts using the self-scoring sheet, determine your top three spiritual gifts and refer to the List of Spiritual Gifts to deepen your understanding of these gifts and determine what parish ministries and activities might be a good fit for you. We encourage you to explore the possibilities of using your gifts in one of these ministries as you endeavor to live your Stewardship faith calling.

Instructions: Spiritual gift inventory questions are included on pages 2-5. For each question indicate whether you Strongly Agree, Agree Somewhat, are Undecided, Disagree Somewhat, or Strongly Disagree with each question by placing an "X" in the corresponding column. The number in the column heading above each answer is the point value that should be used when determining your scoring on page 6. Don't over think your responses, answer spontaneously and honestly to achieve best results. Total your score for each spiritual gift on page 6. A description of each spiritual gift and potential parish ministries and activities that may be a good fit for you can be found on pages 8-10. Complete and detach the contact card on page 10 and place in the collection basket or drop off at the Parish Office and you will be contacted shortly.

Adapted from the Spiritual Gifts Inventory developed by Michael Anne Haywood, with much help from Genie Carr, Steve Gambino, The Reverend Virginia Herring, Margaret Moore, Marjorie Northup, Mary at Stillpoint and Jean Woods, (c)June 1998. <http://home.earthlink.net/~haywoodm/SpiritualGiftsDiscernment.html>

The Spiritual Gifts Inventory

Select only one answer per question

Questions

(4) Strongly Agree (3) Agree Somewhat (2) Undecided (1) Disagree Somewhat (0) Strongly Disagree

- | | | | | | |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 1. I find great joy in leading people to accomplish goals. | <input type="checkbox"/> |
| 2. I feel called to be a leader in the church. | <input type="checkbox"/> |
| 3. I look for opportunities to assist people who have trouble doing for themselves. | <input type="checkbox"/> |
| 4. I find that the repair and maintenance of things in my environment come easily to me. | <input type="checkbox"/> |
| 5. I enjoy sharing about God with people who are not church-goers. | <input type="checkbox"/> |
| 6. I enjoy motivating people to a higher spiritual commitment. | <input type="checkbox"/> |
| 7. It is very satisfying to me to give generously of my money for God's work. | <input type="checkbox"/> |
| 8. I enjoy the opportunity to pray with and for a person who is physically ill. | <input type="checkbox"/> |
| 9. I like having people in my home. | <input type="checkbox"/> |
| 10. I seem to recognize prayer needs instinctively. | <input type="checkbox"/> |
| 11. I enjoy learning new things of all kinds. | <input type="checkbox"/> |
| 12. I feel great compassion for the problems of others. | <input type="checkbox"/> |
| 13. I adapt easily in a culture different from mine. | <input type="checkbox"/> |
| 14. I enjoy having the responsibility of leading other people in their spiritual life. | <input type="checkbox"/> |
| 15. I like to talk about spirituality with other Christians. | <input type="checkbox"/> |
| 16. I enjoy doing "chores" around the church. | <input type="checkbox"/> |
| 17. I'm excited in helping people discover important insights in the scriptures. | <input type="checkbox"/> |
| 18. People with spiritual problems have come to me for advice and counsel. | <input type="checkbox"/> |
| 19. People seem to enjoy following my leadership in undertaking an important task. | <input type="checkbox"/> |

Questions

Select only one answer per question

(4) Strongly Agree	(3) Agree Some- what	(2) Undecided	(1) Disagree Some- what	(0) Strongly Disagree
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- | | | | | | |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 20. I feel that God gives me wisdom in leading people in spiritual matters. | <input type="checkbox"/> |
| 21. I enjoy helping with the emergency tasks around the Church. | <input type="checkbox"/> |
| 22. I have enjoyed creating various kinds of arts and/or crafts. | <input type="checkbox"/> |
| 23. I seem to be able to sense when the Spirit is leading a person to realize the Holy in their lives. | <input type="checkbox"/> |
| 24. I have a knack for bringing out the best in others. | <input type="checkbox"/> |
| 25. I share my possessions with others willingly. | <input type="checkbox"/> |
| 26. I have prayed with a person who was in distress, and the person was comforted. | <input type="checkbox"/> |
| 27. I do not feel uncomfortable when people drop in unexpectedly. | <input type="checkbox"/> |
| 28. I pray for others often and for significant periods of time. | <input type="checkbox"/> |
| 29. Through study I have learned many helpful insights. | <input type="checkbox"/> |
| 30. Visiting people in retirement homes or the hospital gives me great satisfaction. | <input type="checkbox"/> |
| 31. It is easy for me to move into a new community and make friends. | <input type="checkbox"/> |
| 32. It is exciting to provide spiritual leadership for a congregation. | <input type="checkbox"/> |
| 33. I like to share Scripture to comfort or to encourage others. | <input type="checkbox"/> |
| 34. I enjoy doing routine tasks for the glory of God. | <input type="checkbox"/> |
| 35. I have enjoyed teaching individuals and/or classes. | <input type="checkbox"/> |
| 36. I enjoy helping another to find solutions to difficult problems in life. | <input type="checkbox"/> |
| 37. I like to organize people for more effective ministry. | <input type="checkbox"/> |
| 38. I have little fear in leading people in spiritual matters. | <input type="checkbox"/> |
| 39. I don't mind helping people who are sick or disabled. | <input type="checkbox"/> |

Questions

Select only one answer per question

(4) Strongly Agree (3) Agree Somewhat (2) Undecided (1) Disagree Somewhat (0) Strongly Disagree

- 40. I like to create things with my hands.
- 41. I am drawn to share my faith in God with others.
- 42. I like to encourage inactive church members to become involved again.
- 43. I appreciate the opportunity to give of my skills and energy in a critical situation.
- 44. I feel called to be a part of the healing ministry of the church.
- 45. People seem to feel very comfortable in my home.
- 46. God consistently answers my prayers in tangible ways.
- 47. I have learned much about God from Scripture, books and observing life.
- 48. I sense joy in comforting people in difficult situations.
- 49. I am able to relate to and communicate with people of different locations or cultures.
- 50. I like to assist people with their spiritual problems.
- 51. I enjoy relating God's Word to the issues of the day and sharing this with others.
- 52. When there is something to be done for the church, I'm glad to help, but I don't want to be in charge.
- 53. It seems that people learn readily when I teach them.
- 54. I seem to be able to help people find the truths they seek.
- 55. I like the challenge of making important decisions.
- 56. I appreciate the opportunity to share God's word with others.
- 57. One of my ministries is helping other people to bear their burdens.
- 58. I like to spend time and money improving and beautifying things in God's creation.
- 59. I have sometimes shared spiritual experiences with a neighbor who doesn't attend church.
- 60. People who are feeling perplexed often come to me for encouragement and comfort.

Select only one answer per question

(4) Strongly Agree (3) Agree Somewhat (2) Undecided (1) Disagree Somewhat (0) Strongly Disagree

Questions

- 61. If I cannot give much money to support God's work, I give generously of my time.
- 62. I feel peace when I am with a person who is sick or injured.
- 63. When missionaries or church leaders come to our church I like (or would like) to have them come to my home.
- 64. I faithfully pray for others recognizing that their effectiveness and total well-being depends on God.
- 65. Knowledge of the Bible and of church teachings helps me to solve problems in daily life and in the life of the church.
- 66. People seem to think I am a kind, compassionate person.
- 67. The thought of beginning a new church in a new community is exciting to me.
- 68. People like to bring their troubles and concerns to me because they feel I care.
- 69. It is important for me to speak out against wrong when I see it in the world.
- 70. I find more satisfaction in doing a job myself than in finding someone else to do it.
- 71. One of the joys of my ministry is training people to be more effecting in living out their faith.
- 72. I feel that I have insight in selecting workable alternatives in difficult situations.
- 73. When I am in a disorganized group, I tend to be the first one to step forward to get us organized.
- 74. I enjoy training workers in the congregation.
- 75. If a family is facing a serious crisis, I enjoy the opportunity to help them.
- 76. I find pleasure in designing, creating or decorating things.
- 77. I feel a deep concern for the people in my community who have not been attracted by the church.
- 78. I am sort of like a cheerleader, cheering others on when they are doing something well.
- 79. I give sacrificially of my time, talents and resources because I know that God will meet my needs.

Select only one answer per question

	(4) Strongly Agree	(3) Agree Somewhat	(2) Undecid- ed	(1) Disagree Somewhat	(0) Strongly Disagree
80. I feel strongly that my prayers for a sick person are important.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
81. I have opened my home to someone in need.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
82. I find myself praying even while I am doing other things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
83. I find it an enjoyable challenge to read and study a difficult book of the Bible.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
84. I find great satisfaction in visiting people who are confined to their homes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
85. I have a strong desire to meet people of other communities and countries and to talk about our respective understandings of God.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
86. I enjoy a close relationship with people in a one to one situation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
87. I feel called to stand up for what is right even if it irritates others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
88. I like to do things without attracting much attention.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
89. It is easy to organize materials for teaching a Bible class.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
90. I have confidence in dealing with problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Scoring Your Spiritual Gifts

Scoring: Write your score for each question in the space provided in the table below. Then sum the total of your scores for each spiritual gift and multiple that number by either 1 or 2 depending on the spiritual gift. Write this number in the box beside the spiritual gift name, this is your point value for each spiritual gift.

Survey Scores		Spiritual Gift Scores	Spiritual Gifts					
1	16	19	34	37				
52	55	70	73	88	=	x 1 =	<input type="text"/>	Administrative Serving
2	14	20	32	38				
50	56	68	74	86	=	x 1 =	<input type="text"/>	Apostle Leadership
3	12	21	30	39				
48	57	66	75	84	=	x 1 =	<input type="text"/>	Caregiver
4	22	40	58	76	=	x 2 =	<input type="text"/>	Craftsman
6	24	42	60	78	=	x 2 =	<input type="text"/>	Encouragement
5	13	23	31	41				
49	59	67	77	85	=	x 1 =	<input type="text"/>	Evangelist Missionary
7	9	25	27	43				
45	61	63	79	81	=	x 1 =	<input type="text"/>	Hospitality & Generosity
8	10	26	28	44				
46	62	64	80	82	=	x 1 =	<input type="text"/>	Intercession & Healing
15	17	33	35	51				
53	69	71	87	89	=	x 1 =	<input type="text"/>	Teacher Prophet
11	18	29	36	47				
54	65	72	83	90	=	x 1 =	<input type="text"/>	Wisdom

Understanding Your Score

<u>Score</u>	<u>What the score means:</u>
31-40	You are either doing this or you should be
21-30	You could easily do this if you want to
11-20	You would have to work hard to do this gracefully
0-10	You would probably not enjoy doing this.

List of Spiritual Gifts

Each description below includes a scripture reference and a partial list of ministries that need people with these gifts. Keep in mind, these are only suggested ministries. The Holy Spirit may inspire you to use your gifts in various ways within the parish community. This inventory and list is provided with the hope that it will serve as one small step toward helping you recognize, embrace and use the gifts with which God has blessed you. You are encouraged to read and pray over the scripture references as you discern your gifts.

Administrative Servng -The Holy Spirit enables some individuals to motivate, direct and inspire God's people in such a way that they voluntarily and harmoniously work together to do the Church's work effectively. This gift involves being able to put things together, tie up all the "loose ends" and get things done and setting a pattern for others to follow. To exercise the gift of service is to identify closely with the needs and problems of others, not always providing answers or solutions, but being willing to work with them, no matter how small or how big the task may be. This gift can also involve a willingness to "pitch in" and do whatever is needed, no matter how detailed or tedious the task. Adeptness at planning, organizing, delegating responsibilities and problem-solving can be indications of this gift.

Parish Ministries: Summer Mission Trip Adult Leaders, Peer Ministry, Art & Environment, Ushers, Wedding Rehearsal Facilitators, Disaster Assistance Ministry, Funeral Luncheon Ministries, Disaster Assistance Ministry, Funeral Sacristans, Gift of Love Worker, Respect Life Ministry, SHARE / Referral for Employment, St. Edna's Outreach, Knights of Columbus, Parish Picnic Committee, Moms Plus, Women of St. Edna, Young Adult Ministry (YAM), Stewardship Council, Finance Council, Pastoral Council, Appreciation Dinner Committee, Craft Show Committee, Garage Sale Committee

Apostleship Leadership - To exercise the gift is to perceive and accept God's call to lead others in their spirituality, and to be instrumental in acknowledging God's grace and authority in the life of the Church. This gift involves being able to lead others wisely and compassionately and training others in spiritual matters. This gift allows individuals to assume responsibility for the leadership and guidance of a group within the church. It can include leading, facilitating, counseling, and providing a pastoral presence for various parish programs. It also includes a combination of wisdom, discernment, leadership and teaching.

Parish Ministries: Religious Education, Vacation Bible School, Puppet Ministry, Special Religious Education (SPRED), Adult Confirmation Team, Baptism Preparation Sessions, RCIA Team, Confirmation Catechists, Summer Mission Trip Adult Leaders, Peer Ministry, Disasters Assistance Ministry, Gift of Love Worker, Grandparents Prayer Group, Hospital Nursing Home Ministries, Respect Life Ministry, SHARE / Referral for Employment, Christian Family Movement, Knights of Columbus, Women of St. Edna, Young Adults Ministry (YAM), Faith Community Homes, Rosary Group

Caregiver - The Holy Spirit empowers some persons to willingly bear the burdens of others and help them in such a way that they can do their tasks more effectively. It sometimes provides individuals with exceptional empathy and compassion for those who are weak or suffering so that they can devote large amounts of time and energy to alleviate these conditions. To exercise this gift is to give assistance or relief from distress where it is needed. This gift involves a willingness to help others even when the jobs may be messy or involve getting into close proximity with people who are sick or distressed and relating to them in kindness and compassion. This gift involves continual readiness to forgive those who have erred, comfort the bereaved, help those who face a crisis, minister to the sick, become a peacemaker or offer assistance to those in need.

Parish Ministries: Religious Education, Special Religious Education (SPRED), Prayer Shawl Ministry, Angels Prayer Network, Bereavement Ministers, Disaster Assistance Ministry, Drivers to St. James, Food Pantry, Funeral Luncheon Ministry, Funeral Sacristans, Gift of Love Worker, Grandparents Prayer Group, Home Matters (respite care), PADs Volunteer, Prison Ministry, Santa Sacks, St. Edna's Outreach, Moms Plus

Craftsmanship - To exercise the gift of craftsmanship one must have or develop a skill, be it a hobby or a vocation and must be willing to share this ability with others either in finished products or in teaching others the skill. This gift involves any art or craft or skill, from painting to pottery, to woodwork or weaving, computer skills or photography -- any art or craft that can be used to the glory of God.

Parish Ministries: Puppet Ministry, Baptismal Vests, Camera Operators, Holy Dusters, Disaster Assistance Ministry, Prayer Shawl Ministry, Gardening for God, Photographers, Call Me Ministry, Craft Show Committee, Garage Sale Committee, Mats for the Homeless

Encouragement- Empowered by the Holy Spirit, some persons are called to stand beside other people who are in need and bring comfort, counsel and encouragement so they feel helped. To exercise the gift of encouragement is to call forth the best from others. This gift involves helping others to be more dedicated in living out their faith, bolstering them up when they are discouraged or downhearted and challenging them to see the goals to which God calls them.

Parish Ministries: Religious Education, Vacation Bible School, Puppet Ministry, Special Religious Education (SPRED), Summer Mission Trip Adult Leaders, Peer Ministry, Bereavement Ministers, Disaster Assistance Ministry, Food Pantry, Funeral Luncheon Ministry, Gift of Love Worker, Grand Parents Prayer Group, Home Matters (respite care), PADs, Volunteer, Christian Family Movement, Moms Plus, Women of St. Edna, Young Adults Ministry (YAM), Welcoming Sessions, Call Me Ministry, Stewardship Council, Appreciation Dinner Committee, Faith Community Homes

Evangelist Missionary - The Holy Spirit enables some individuals to share the Gospel with others in such a way that they come to know God. To exercise this gift is to share one's faith within and beyond the parish. This gift involves an unabashed willingness to share the Good News and to faithfully share what one has learned about God in one's own personal faith journey. This gift sometimes involves a willingness to be with and share with people of different heritages, customs, economic backgrounds, experiences, or manner of speaking, as much as a willingness to listen with an awareness that God loves all people.

Parish Ministries: Religious Education, Vacation Bible School, Puppet Ministry, Special Religious Education (SPRED), Adult Confirmation Team, Baptismal Preparation Sessions, Marriage Preparation Sessions, RCIA Team, Confirmation Catechists, Summer Mission Trip Adult Leaders, Peer Ministry, Eucharistic Ministers, Lectors, Liturgy of the Word for Children, Angels Prayer Network, Bereavement Ministers, Disaster Assistance Ministry, Grandparents Prayer Group, Home Matters (respite care), PADS volunteers, Prison Ministry, Respect Life Ministry, St. Vincent DePaul Ministry, Christian Family Movement (CFM), Knights of Columbus, Women of St. Edna, Young Adults Ministry (YAM), Stewardship Council

Hospitality & Generosity - The Holy Spirit enables people to offer energies, abilities and material resources for the work of the church with exceptional willingness, cheerfulness and generosity. A concern for the comfort of others may be a manifestation of this gift which can involve having a knack for making people at ease, enjoying being in the presence of strangers and having a welcoming spirit. To exercise this gift one operates out of a spirit of selflessness, requiring no recognition or reward for their giving. This gift often involves offering one's time, talent and treasure.

Parish Ministries: Marriage Preparations Sessions, RCIA Team, Art & Environment, Alter Servers, Greeters, Sacristans, Ushers, Wedding Rehearsal Facilitators, Disaster Assistance Ministry, Driver to St. James, Food Pantry, Funeral Luncheon Ministry, Funeral Sacristans, Gift of Love Worker, Home Matters (respite care), PADs Volunteers, Prison Ministry, Santa Sacks, SHARE / Referral for Employment, St. Edna's Outreach, Translators, Book Discussions, Bowling, Christian Family Movement (CFM), Knights of Columbus, Moms Plus, Sharing Coffee, Young Adults Ministry (YAM), Young at Heart, Welcoming Sessions, Call Me Ministry, Appreciations Dinner Committee, Bingo, Craft Show Committee, Pancake Breakfast, Snack Theater

Intercession & Healing - Evidences of this gift would be having the mindset for being instantly in prayer for a person or situation, having confidence that God acts in response to our prayers, being patient and persistent in prayer even when change is not evident and having a continuing sense of responsibility to pray for people and situations. The Holy Spirit often leads these individuals to help aid in restoring people who are sick. To exercise the gift is to pray not necessarily for a cure but for God's help for the sufferer, that something of good may come out of the distress. This gift involves a healthy prayer life, confidence in God's power to provide courage in suffering, and wellness of spirit regardless of the condition of the body or mind.

Parish Ministries: Prayer Shawl Ministry, Alter Servers, Eucharistic Ministers, Lectors, Angels Prayer Network, Bereavement Ministers, Grandparents Prayer Network, Home Matters (respite care), Ministry of Praise, Prison Ministry, Respect Life Ministry, St. Edna's Outreach, Knights of Columbus, Mats for the Homeless, Rosary Group

Teacher Prophet - The Holy Spirit enables some individuals to communicate so that others can learn. To exercise the gift of teaching one effectively imparts information or proclaims precepts of our Catholic faith either orally, visually or by example. The Holy Spirit empowers some individuals to interpret and apply God's revelation in a given situation. This gift involves a keen sense of the dignity of all people, a sense of call, a sense of timing and some knowledge of Scripture and church teachings.

Parish Ministries: Religious Education, Vacation Bible School, Puppet Ministry, Special Religious Education (SPRED), Adult Confirmation, Baptism Preparation Sessions, Marriage Preparation Sessions, RCIA Team, Confirmation Catechists, Summer Mission Trip Adult Leaders, Eucharistic Ministers, Lectors, Liturgy of the Word for Children, Bereavement Ministers, Home Matters (respite care), Prison Ministry, SHARE / Referral for Employment, Book Discussions, Christian Family Movement (CFM), Young Adults Ministry (YAM), Stewardship Council, Faith Community Homes

Wisdom – Some individuals have an understanding of God's will and work as it relates to the living of life. To exercise the gift one often enjoys learning, probably from childhood and on into adulthood and is able to help others discover the wisdom they have within them. This gift involves knowledge of God and of Scripture, discernment of God's will, and skill in analyzing the problems and dilemmas of life. This gift may also include knowledge of the tradition of the church and a gift for sharing these learnings gracefully.

Parish Ministries: Religious Education, Vacation Bible School, Puppet Ministry, Special Religious Education (SPRED), Adult Confirmation Team, Baptism Preparation Sessions, Marriage Preparation Sessions, RCIA Team, Confirmation Catechists, Liturgy of the Word for Children, Bereavement Ministers, Home Matters (respite care), Prison Ministry, SHARE / Referral for Employment, Translators, Book Discussions, Christian Family Movement (CFM), Knights of Columbus

Christ has no body now on earth but yours, no hands but yours. Yours are the eyes through which He is to go about doing good. Yours are the hands with which He is to bless people now.

- St. Teresa of Avila

I am nothing; I am but an instrument, a tiny pencil in the hands of the Lord with which He writes what he likes. However imperfect we are, he writes beautifully.

- Mother Teresa

Everybody can be great, because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve. You don't have to know about Plato and Aristotle to serve. You only need a heart full of grace. A soul generate by love.

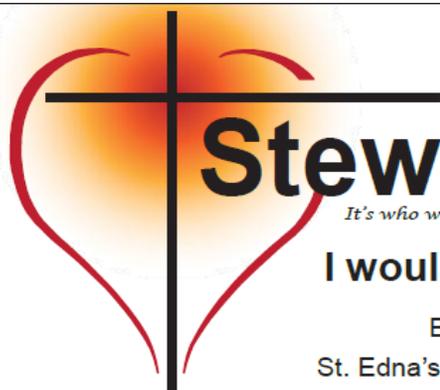
- Martin Luther King, Jr.

We make a living by what we get. We make a life by what we give.

- Winston Churchill

***How are you living your faith?
Take the first step and make a difference today.***

Contact Card



Stewardship

It's who we are, it's how we live our faith

I would like to learn more about:

Becoming a member of St. Edna's:

St. Edna's "Vision for the Future" Campaign:

The following Ministry / Activity: _____

I'm interested in: _____

Please contact me!

Name: _____

Phone: _____

Email: _____

Visit our website:

www.stedna.org

Email us at:

stewardship@stedna.org

When you have filled out this card, you may either place it in the collection basket, or drop it off in the Parish Office after Mass!